CURRICULUM PLAN 2023-2024 English VII

General Objectives-

To enable the learners to-

- Recognise and identify the main points of the text.
- Communicate effectively beyond the curriculum..
- Develop and integrate the use of language skills.
- Develop appreciation of english language.
- Revise and reinforce structure already learnt.

Month	Book	Chapter/Topic	Teaching Methodology	Skills	Learning Outcomes
April 18			Interactive, Panel Discussion, crossword, *Weave a story *Campaign to protect and love animals	GO, Speaking, Life Skills ,Problem Solving, Creative Thinking	Comprehend the text, Vocabulary Enrichment, Appreciate the Contents, Problem Solving.
	Lit.	Birdie ,Will You Pet	Interactive, Paraphrasing, PDF, Worksheets *Panel discussion *Poem Recitation	Creative Thinking, Experiential Learning	Identify the poeticdevices Imbibe the values
	Reader	People At Work	Interactive, Reading, Discussion	Critical Thinking comprehension skills, grammatical skills	Comprehend the textExtensive Reading
	WS	Notice Writing	Sample writing, Interactive	Writing skills	Improved written Communicatio n
	Bonus Reading- 1	The Call Of The Wild-John Kenett	Self Reading	Language Skills	Vocabulary Enhancement, better communicatio n
May 15	Lit	A Hero	Interactive ,Role Play *Idioms with meaning and sentences on Courage(SDG) *A Comic Strip on your favourite scene.	GO, Speaking Life Skills ,Problem Solving, Creative Thinking.	Comprehend the text, Vocabulary Enrichment, Appreciate the Contents, Problem Solving.

	PB	Articles	Interactive, Discussion after explanation	Critical thinking, application	Application in real lifeconversation
	Read	Relationships	Interactive	Comprehension	Better Understanding
	WS	Message Writing	Interactive	Writing Skills	Better written Communicati on
	Bonus Reading- 2	A Wrinkle In Time- Madeleine L'Engle	Self Reading	Language Skills	Vocabulary Enhancement, better communicati on
July 22	Lit	Fight, Manju, Fight	Interactive, Reading in Turns, mind map, *Movie Review after viewing-Butterfly Circus *Attitude of classmates towards special children/differently abled/diyang-A Glimpse	Life Skills ,Critical thinking, interpersonal- understanding human emotions and psychology	Deduce the meaning of lexical items, understanddifficult situations in life. Analyse and interpret thetext
		I Dream a World,	Recitation/Loud reading with correct pronunciation and stress *Draw the world of your dream	Critical thinking, Life skills, verbal and communication	Encourage imagination, Will be specific in reflection, expression,

	Lit		and label it *Deliver a short speech on how we as children can replace hatred with affection for each other	Skills, ability to decode and understand abstract theories, concepts and ideas.	and individual opinion.
	РВ	The Sentence	Interactive	Critical thinking	Application whilewriting
	Reader	Attitude	Interactive	Comprehension and understanding	Improved understanding
	WS	Email Writing	Interactive	Writing Skills	Improved Written Communication
Aug 23	Lit	Stone Soup In Bohemia	Interactive, loud reading followed by silent reading *Role Play *My Story	Mind map, Speaking, Life Skills, Problem Solving ,Creative	Gain textual knowledge, infer character traits of the protagonist Vocabulary enhancement,

	Lit	The Spider and the Fly	Interactive ,recitation keepingin mind the Intonation and stress *Dialogues between the spider and fly as true friends *Join the dots-listening activity	Life skills, Listening skills, Writing skills, creativity	Identify the poetic devices, imbibe the values, choosing true friends.
	PB	The Compound Sentence Phrases and Clauses	worksheets	Critical thinking	Application while writing and speaking
	Reader	Achievers	Interactive	Comprehension and understanding	Improve understanding
	WS	Informal Letter Writing	interactive	Writing Skills	Better written communicatio n
	Bonus Reading -3	Number The Stars-Lois Lowry	Self Reading	Language Skills	Vocabulary Enhancement ,better ,communicatio n
Sept 10	Lit	A Stormy Adventure	Interactive, loud reading followed by silent reading *Collect info. on 5 devastating storms that occurred in sea *Crossword	Life skills, writing skills, listening skills Clearly describe, communicate and summarize	Vocabulary enhancement ,be courageous, alert and aware
	РВ	Transitive and Intransitive Verbs	Interactive	Critical thinking	Application
		Modals	Interactive	Critical Thinking	Application
Oct 19	Lit	Friends and Flatterers	Interactive, recitation with correct intonation and stress *Comic Strip of a banter between you and your friend. *Acrostic poem on your best	Life skills, critical thinking, play with words	Vocabulary enhancemen t, Be specific in reflection
			Friend's name.		
	РВ	Passive Voice	Interactive	Critical thinking	Application while writing and speaking
		Reported Speech	Interactive	Critical Thinking	Application while writing and speaking
	Reader	The Future World	Interactive	Comprehension	Better understanding
	WS	Article Writing	Interactive	Writing skills	Better written communicatio n
	Bonus Reading -4	The Secret Garden- Frances Burnett	Self Reading	Language Skills	Vocabulary Enhancement ,better

					,communicatio n
Nov 19	Lit	The Human Robot	Interactive, loud reading followed by Silent reading. *What does my robot do? *PPT-Hi tech life and its comforts.	Critical thinking , Life Skills	Understand the text, make wise use technology, imbibing values
	PB	Reported Speech	Interactive	Writing and spoken	Improved Communicatio n
		Perfect Progressive Tenses	Interactive	Writing and spoken	Improved Communicatio n
Dec 22	Lit	Chocolates in your Dreams too	Interactive, loud reading followed by Silent Reading *Pamphlet for awareness * Survey /data collection on / of few products that we consume daily	Verbal and communication skills, building constructive and logical argument.	Awareness about healthy and unhealthy food, Adopting healthy lifestyle
	PB	Linkers	Interactive	Written and spoken	Improved Communicatio n
	Read	Unity In Diversity	Interactive	Comprehension	Better Understanding
	WS	Speech Writing	Interactive	Writing Skills	Better Written Communicatio n
Jan 17		Revision	Interactive/worksheets		

Summer Holidays Homework:

Winter Holidays Homework:

*Revise the syllabus covered so far.

PRESCRIBED BOOKS-English Literature

English Reader English Practice Book

^{*}Revise the chapters done in class so far.

^{*}Create at least 6 pages of scrap file having literary works (poets/Writers) from various states of India.EX-photograph of Vikram Seth ,His famous works, his writing style ,state to which he belongs etc

^{*}Complete all the assignments /activities if not done hitherto.

<u>पाठ्यक्रम-योजना</u>

सत्र-2023-24

कक्षा-सातवीं

भाषा शिक्षण उद्देश्य-

- दैनिक जीवन में हिन्दी को समझने, बोलने के साथ-साथ लिखने की क्षमता का विकास।
- हिन्दी के किशोर-साहित्य, अखबार व पत्रिकाओं को पढ़कर समझ पाना और उसका आनंद उठाने की क्षमता का विकास
- औपचारिक विषयों और संदर्भों में बातचीत में भाग ले पाने की क्षमता का विकास।
- हिन्दी के जिए अपने अनुभव संसार को लिख कर सहज अभिव्यक्त कर पाने में सक्षम बनाना।
- संचार के विभिन्न माध्यमों में प्रयुक्त हिन्दी के विभिन्न रूपों को समझने की योग्यता का विकास।
- कक्षा में बहुभाषिक, बहुसांस्कृतिक संदर्भों के प्रति संवेदनशील सकरात्मक सोच बनाना।
- अपनी मातृभाषा और परिवेशगत भाषा को साथ रखकर हिन्दी की संरचनाओं की समझ बनाना।
- सामाजिक मुद्दों पर समझ बनाना।
- कविता, कहानी तथा घटनाओं को रोचक ढंग से लिखना।
- जाति, धर्म, रीति-रिवाज तथा लिंग के विषय को समझने की क्षमता का विकास।
- भाषा एंव साहित्य को समझने एंव आत्मसात करने की दक्षता का विकास।
- भाषा के व्यवहारिक प्रयोग से शब्द भंडार में वृद्धि।
- मौलिक लेखन एवं सृजनात्मक प्रवृत्ति का विकास।
- समसामयिक विषयों को तार्किक ढंग से संगठित कर अभिव्यक्ति करना।
- जीवन मूल्यों, नैतिक मूल्यों जैसे गुणों का विकास करना।

पाठ्य पुस्तकं-ज्ञान सागर व अभ्यास सागर

अप्रैल 18 दिवस

<u>क्रम</u>	मास/कार्य	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
संख्या	दिवस		3		के
					गातिविधियाँ
1.	अप्रैल 18	बारहमासा	-कविता	-प्रत्येक महीने की	-जलवायु के कारण
	दिवस		वाचन	विशेषताओं को समझ	प्राकृतिक आपदाओं
			-प्रवाह चित्र	पाएंगे ।	के बारे में अनुच्छेद
			-व्याख्यात्मक	- प्रकृति के परिवर्तन	लिखिए
			विधि	को समझ सकेंगे।	
			-उदाहरण	- संगीत से जुड़े वाद्य	एस.डी.जी गोल्स-
			शैली	यंत्रों के बारे में बताते	6 स्वच्छ जल
			-प्रश्नोत्तर	ह्ए शास्त्रीय संगीत का	<u>और स्वच्छता</u>
			विधि	महत्व समझ सकेंगे।	-विभिन्न वादय
			-पी.पी.टी.		यंत्रों के चित्र एकत्र
			-अभ्यास पत्र		कीजिए और
					भाजए जार भित्ति पत्रिका में
					लगाइए।
					एस.डी.जी गोल्स-
					4 गुणवतापूर्ण
					<u>शिक्षा</u>
2.		नाटक में	-प्रवाह चित्र	-छात्र नाट्य शैली से	-कक्षा में बच्चों को
		नाटक	-व्याख्यात्मक	अवगत होंगे	एक नाटक
		- II G	विधि	- संवाद अभिनय ' के	तैयार करने के लिए
			-प्रश्नोत्तर	द्वारा संवाद शैली का	दिया जाएगा ।
			विधि	विकास हो सकेगा	नाटक प्रस्तृति के
			-स्पष्टीकरण	-अनुस्वार और	पश्चात उनसे
			-पी.पी.टी.	अन्नासिक शब्दों का	सामूहिक चर्चा की
			-अभ्यास पत्र	ज्ञान और प्रयोग सीख	जाएगी कि नाटक
			, , ,	सकेंगे।	की तैयारी करते हुए

		तथा नाटक
		प्रस्तुति के दौरान
		उनके अनुभव कैसे
		रहे ।क्या वे नाटक
		का जो उद्देश्य था
		वो सफलता पूर्वक
		सब तक संप्रेषित
		कर पाए।
		एस.डी.जी गोल्स-
		17
		लक्ष्य प्राप्ति में
		सामूहिक भागीदारी

<u>मई 15 दिवस</u>

<u>क्रम</u>	मास/कार्य	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
<u>संख्या</u>	<u>दिवस</u>				<u>क</u> े
					अनुसार/क्रियात्मक
					<u>गातिविधियाँ</u>
1.	मई 15	निर्मला,साँप	-प्रवाह चित्र	- छात्र सच्ची	-अपने जीवन से
	दिवस	और संयाल	- स्पष्टीकरण	मित्रता की	संबंधित किसी
			-कथानक	कीमत को	एक ऐसी यात्रा
			शैली	पहचानेंगे	का वर्णन कीजिए
			-प्रश्नोत्तर		जिसमें आपको
			विधि	- मित्रों की	अनेक कठिनाइयों
			-विवेचनात्मक	मदद करने को	का सामना करना
			विधि	तत्पर होंगे	पड़ा हो।
			-अभ्यास पत्र		एस.डी.जी गोल्स-
					1 गरीबी का अंत
					<u>17- लक्ष्य हेतु</u>
					<u>भागीदारी</u>
2.		अनुस्वार व	-प्रवाह चित्र	-छात्र अनुस्वार	-कक्षा कक्ष में
		अनुनासिक	-	व अनुनासिक	खेल के माध्यम
			निगमनात्मक	शब्दों का उचित	से शब्दों का
			विधि	रूप में उच्चारण	उ च्चारण

	-प्रश्नोत्तर	सीख पायेंगे।	अभ्या स।
	विधि		
	-दृष्टांत विधि		
	-अभ्यास पत्र		

जुलाई 22 दिवस

<u>क्रम</u>	मास/कार्य	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
<u>संख्या</u>	<u>दिवस</u>				<u>के</u>
					अनुसार/क्रियात्मक
					<u>गातिविधियाँ</u>
1.	जुलाई 22	बात्नी	-प्रवाह चित्र	- पाठ में निहित	- पाठ के आधार
	दिवस		-उदाहरण	परोपकार के	पर सज्जन
			विधि	मूल्य को	व्यक्ति का चरित्र
			-प्रश्नोत्तर	समझेंगे	चित्रण मीन
			विधि	- विश्लेषण	आरेख द्वारा
			-स्पष्टीकरण	करने की दृष्टि	कीजिये
			विधि	प्राप्त	
			-दृश्य/श्रव्य	होगी,जिससे	एस.डी.जी. गोल्स-
			माध्यम	किसी भी	<u>17</u> लक्ष्य हेतु
			-अभ्यास पत्र	निष्कर्ष पर	भागीदारी
				पहुंचना सीखेंगे	
				व दूरदर्शी होंगे ।	
2.		समय	-प्रवाह चित्र	- जीवन में	- छात्रों द्वारा
			- कविता का	समय की कीमत	समय के
			सस्वर वाचन	को समझ	पर्यायवाची शब्दों
			- भावार्थ	पायेंगे।	को सूचीबद्ध करते
			स्पष्टीकरण	- विश्लेषण	हुए शब्द चक्र का
			विधि	करने की दृष्टि	निर्माण करें
			-उदाहरण	प्राप्त	एस.डी.जी. गोल्स
			विधि	होगी,जिससे	- 4 गुणवत्तापूर्ण
			-प्रश्नोत्तर	किसी भी	<u>शिक्षा</u>
			विधि	निष्कर्ष पर	<u>-17</u> लक्ष्य हेतु
			-अभ्यास पत्र	पहुंचना सीखेंगे	भागीदारी

			व दूरदर्शी होंगे - समय के महत्व को समझ कर समय का सदुपयोग करेंगे	
3.	उपसर्ग व	-प्रवाह चित्र	-छात्र शब्दों में	-उपसर्ग और
	प्रत्यय	-उदाहरण	प्रयोग होने वाले	प्रत्यय की
		विधि	उपसर्ग व प्रत्यय	सहायता से शब्दों
		-प्रश्नोत्तर	से परिचित हो	का नवनिर्माण
		विधि	पायें।	करें।
		-पी.पी.टी.	-छात्र मूल शब्दों	
		-दृश्य/श्रव्य	में उपसर्ग व	
		माध्यम	प्रत्यय जोड़ कर	
		-अभ्यास पत्र	नए शब्द का	
			निर्माण करना	
			सीख पायें।	

अगस्त 20 दिवस

क्रम	मास/कार्य	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
<u>संख्या</u>	<u>दिवस</u>				<u>के</u>
					अनुसार/क्रियात्मक
					<u>गातिविधियाँ</u>
1.	अगस्त	स्कूल की	-प्रवाह चित्र	- छात्र स्कूल	आपने अपनी
	20	छुट्टियाँ	-उदाहरण	की छुट्टियों का	गर्मियों की
	दिवस		विधि	सदुपयोग करना	छुट्टियों को किस
			-कथानक	सीखेंगे	तरह व्यतीत की
			वर्णन	- अन्य पुस्तकें	कक्षा में सुनाए
			-अभ्यास पत्र	पढने की आदत	
				से अवगत होंगे	एस.डी.जी. गोल्स-
				1	3 स्वस्थ जीवन
					<u> और आरोग्य</u>
2.		एवरेस्ट की	-प्रवाह चित्र	- पर्वतारोहण के	- अनौपचारिक
		चुनौती	-उदाहरण	विभिन्न	पत्र- किसी
			विधि	आयामों की	पर्वतीय यात्रा का

	ı		T	T	
			-यात्रा वृतांत	जानकारी व	वर्णन करते हुए
			-प्रश्नोत्तर	पर्वतारोहियों की	अपने मित्रा को
			विधि	चुनौतियों से	पत्र लिखिए
			-स्पष्टीकरण	अवगत होंगे	एस.डी.जी. गोल्स-
			-अभ्यास पत्र	- विभिन्न	5 लैंगिक
				परिस्थितियों में	समानता
				से कभी हार न	
				मानने के भाव	
				को समझेंगे	
3.		चित्र-वर्णन	-प्रवाह चित्र	-छात्र चित्रों को	-कक्षा-कक्ष के
			-उदाहरण	देखकर अपनी	परिवेश को देखते
			विधि	कल्पनाशक्ति	हुए छात्र अपनी
			-मस्तिष्क	का प्रयोग करना	कल्पनाशक्ति का
			मंथन विधि	सीख पायेंगे।	प्रयोग करते हुए
			-स्पष्टीकरण	-चित्रों के सूक्ष्म	चित्र वर्णन करेंगे।
			विधि	विवरणों पर	
			-पी.पी.टी.	ध्यान दे पायेंगे।	
			-दृश्य/श्रव्य		
			माध्यम		
			-अभ्यास पत्र		

सितंबर 22 दिवस (11 दिवस परीक्षा के)

क्रम	मास/कार्य	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
<u>संख्या</u>	<u>दिवस</u>				<u>के</u>
					अनुसार/क्रियात्मक
					<u>गातिविधियाँ</u>
1.	सितंबर	सवाल का	-प्रवाह चित्र	-छात्र अपने	- कक्षा में 'कौन
	22 दिवस	जवाब	-कथानक	जीवन में सही	बनेगा करोड़पति'
			वर्णन	का साथ देकर	की तर्ज पर एक
			-व्याख्यात्मक	जीवन को	प्रतियोगिता का
			विधि	कुशल बना	आयोजन करवाया
			-उदाहरण	पाएंगे	जाएगा जिसमें
			विधि	- किसी भी	छात्रों से प्रश्न

	-प्रश्नोत्तर विधि -उदाहरण विधि -अभ्यास पत्र	विषय पर सवाल-जवाब करने के प्रति रुचि उत्पन्न करना	पूछकर उत्तर लिए जाएंगे एस.डी.जी. गोल्स- 1 गरीबी का अंत
2. उस रात की बात	-प्रवाह चित्र - कथानक वर्णन -स्पष्टीकरण विधि -प्रश्नोत्तर विधि -अभ्यास पत्र	-छात्र जीवन में मदद के भावो का जीवन में क्या लाभ है,सीख पायेंगे। -मनुष्यता के सच्चे भाव को जान पाएंगे।	- कहानी में चित्रित बुधिया के चरित्र की कुछ विशेषताएँ कक्षा में बताइये एस.डी.जी. गोल्स- 10 असमानता में कमी

अक्टूबर 19 दिवस

क्रम	मास/कार्य	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
<u>संख्या</u>	<u>दिवस</u>				<u>के</u>
					अनुसार/क्रियात्मक
					<u>गातिविधियाँ</u>
1.	अक्टूबर	पत्र	-प्रवाह चित्र	-छात्र पत्र के	-किन्ही दो विषय
	19 दिवस		-व्याख्यात्मक	अनौपचारिक	पर अनौपचारिक
			विधि	स्वरूप को	पत्र लिखे।
			-प्रश्नोत्तर	समझ पायेंगे।	
			विधि	-छात्र पत्र	
			-उदरहण	लेखन करते	
			विधि	समय किन	
			-पी.पी.टी.	सावधानियों को	
			-दृश्य माध्यम	याद रखना है	
			-अभ्यास पत्र	उन्हें याद रख	
				पायेंगे।	

2.	दोहे	-प्रवाह चित्र	- दोहों में	-कवियों द्वारा
		-सस्वर पठन-	निहित मूल्यों	लिखे गए दोहों का
		पाठन	के माध्यम से	सस्वर वाचन करेंगे
		-भावार्थ	समाज के प्रति	1
		-व्याख्यात्मक	अपने	
		विधि	उत्तरदायित्व	एस.डी.जी गोल्स-4
		-प्रश्नोत्तर	का बोध होगा।	गुणवत्तापूर्ण शिक्षा
		विधि	-चिंतन-मनन	एस.डी.जी. गोल्स-
		-अभ्यास पत्र	-।यतन-मनन द्वारा जीवन	<u> 16 शांति, न्याय</u>
			द्वारा जावन कौशल के	और सशक्त
			विकास हेत्	<u>संस्थाए</u>
			प्रेरित होंगे	(((4))
			तथा	
			त्या व्यावहारिक	
			जीवन से जोड़	
			सकेंगे ।	
			XI-1/	
3.	विराम-चिहन	-प्रवाह चित्र	-हिन्दी की	
J.	।वराम-।यहन	-प्रवाह । चत्र -स्पष्टीकरण	-।हन्दा का गद्द/पद्द विधा	-साधारण वाक्य संरचना में विराम
		-स्पष्टाकरण विधि	गद्द/पद्द ।वधा में विराम	
		ावाध -पी.पी.टी.		चिहनों का
			चिहनों की	अभ्यास।
		-दृश्य/श्रव्य	महता को	
		माध्यम	समझ पायेंगे।	
		-अभ्यास पत्र		

नवम्बर 19 दिवस

<u>क्रम</u>	मास/कार्य	पाठ का	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
<u>संख्या</u>	<u>दिवस</u>	<u>नाम</u>			<u>के</u>
					अनुसार/क्रियात्मक
					<u>गातिविधियाँ</u>
1.	नवम्बर	साहस को	-प्रवाह चित्र	- छात्र खुद पर	-असमानता को
	19 दिवस	सलाम	-कहानी कथन	विश्वास, दृढ़-	कम करने के लिए
			विधि	इच्छाशक्ति और	हम क्या कर

		- आत्मकथा वर्णन -मस्तिष्क मंथन विधि -प्रश्नोत्तर विधि -पी.पी.टी. -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	लक्ष्य के प्रति समर्पण की भावना जैसे जीवन मूल्यों से प्रेरित हो सकेंगे - कुछ दिव्यांग व्यक्तियों की विशेष उपलब्धियों के बारे में जानकारी प्राप्त कर सकेंगे	सकते हैं ? पुष्प जाल पर दर्शाइए एस.डी.जी. गोल्स- 5 लेंगिक समानता 10 असमानता में कमी
2.	अन्नदाता कृषक	-प्रवाह चित्र -व्याख्यात्मक विधि -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	- कविता पर विश्लेषण करने के बाद यह समझ सकेंगे कि किसान का जीवन संघषों से भरा होने के बावजूद भी समाज में लोगों की भूख मिटाने के लिए किसान अथक परिश्रम करता है - विश्लेषण करने की दृष्टि प्राप्त होगी,जिससे	- खेती करते हुए या हल जोतते हुए किसान का एक सुंदर-सा पोस्टर बनाइए एस.डी.जी गोल्स- 2- भुखमरी से मुक्ति 3- अच्छा स्वास्थ्य और जीवनस्तर 13- जलवायु परिवर्तन

T	ı		
		किसी भी	
		निष्कर्ष पर	
		पहुंचना सीखेंगे	
		व दूरदर्शी होंगे	
		1	
		-छात्र कविता की	
		भाषा की	
		मार्मिकता को	
		समझ पायेंगे।	

दिसंबर 22 दिवस

क्रम संख्या	<u>मास/कार्य</u> <u>दिवस</u>	<u>पाठ का</u> नाम	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति के अनुसार/क्रियात्मक गातिविधियाँ
1.	दिसंबर 22 दिवस	देशभक्त पुरू	-प्रवाह चित्र -व्याख्यात्मक विधि -कहानी विधि -उदाहरण विधि -विवेचनात्मक विधि -प्रश्नोत्तर विधि -दृश्य/श्रव्य माध्यम -अभ्यास पत्र	- छात्र उचित हाव-भाव सहित एकांकी का अभिनय कर सकेंगे - शांति व न्यायप्रिय तथा लक्ष्य प्राप्ति में साम्हिक साझेदारी के हष्टिकोण का विकास कर सकेंगे	- चरित्र विश्लेषण - मीन आरेख के माध्यम से पुरू और सिकंदर के चरित्र में अंतर कीजिये एस.डी.जी गोल्स- 16 शांति, न्याय और सुदृढ़ संस्थान 17- लक्ष्य हेतु साझेदारी
2.		काकी	-प्रवाह चित्र -ट्याख्यात्मक विधि -विवेचनात्मक	-छात्र बाल- मनोविज्ञान व बाल-मनोविकार की भावना को	-घर रंगीन पेपर की सहायता से एक सुंदर-सी पतंग का निर्माण करेंगे

		विधि	जान पाएंगे	व उस पर अपनी
		-प्रश्नोत्तर विधि	- छात्रों में माँ	माँ का नाम
		-दृश्य/श्रव्य	के प्रति लगाव	लिखकर, उसे
		माध्यम	व मातृ-प्रेम की	अपने पोर्टफोलियों
		-अभ्यास पत्र	भावना जागृत	में लगायेंगे।
			होगी	एस.डी.जी गोल्स-
				17 लक्ष्य के लिए
				<u>भागीदारी</u>
3.	संवाद-	-प्रवाह चित्र	-छात्र संवाद	-किन्ही दो विषयों
	लेखन	-स्पष्टीकरण	लेखन के प्रारूप	पर संवाद लेखन
		-प्रश्नोत्तर विधि	से परिचित हो	लिखिए।
		-उदाहरण विधि	पायेंगे।	
		-दृश्य/श्रव्य		
		माध्यम		
		-अभ्यास पत्र		

जनवरी 17 दिवस

क्रम	मास/कार्य	पाठ का	शिक्षण युक्ति	अधिगम प्राप्ति	नई राष्ट्रीय नीति
<u>संख्या</u>	<u>दिवस</u>	<u>नाम</u>			<u>के</u>
					अनुसार/क्रियात्मक
					<u>गतिविधियाँ</u>
1.	जनवरी 17	गणेशोत्सव	-प्रवाह चित्र	- ভার	- छात्र गणेश जी
	दिवस		-स्पष्टीकरण	गणेशोत्सव के	का चित्र बनाकर
			-प्रश्नोत्तर विधि	पीछे की	पोर्टफोलियो में
			-उदाहरण विधि	पौराणिक कथा	लगायेंगे
			-दृश्य/श्रव्य	जान पाएंगे	एस.डी.जी गोल्स-
			माध्यम		13 जलवायु
			-अभ्यास पत्र		परिवर्तन
					<u>14 पानी में</u>
					<u>जीवन</u>
2.		कर्मवीर	-प्रवाह चित्र	- ভার	-कविता में आए
			-सस्वर वाचन	आत्मविश्लेषण	शब्दों का
			-स्पष्टीकरण	और जिज्ञासा	ट्याकरणिक

	I	1
-प्रश्नोत्तर विधि	का समाधान	परिचय पुष्प-जाल
-उदाहरण विधि	कर सकेंगे	के रूप में दीजिये
-दृश्य/श्रव्य	- विद्याथियों	1
माध्यम	में कर्म पथ	
-अभ्यास पत्र	परआगे बढ़ते	एस.डी.जी गोल्स-
	ह्ए जीवन	17 लक्ष्य हेतु
	नक्ष्य को प्राप्त	<u>भागेदारी</u>
	करने के भाव	
	जागृत होंगे।	
	- जीवन में	
	किसी भी	
	परिस्थिति का	
	निडरता एवम्	
	साहस के साथ	
	सामना करने	
	के लिए प्रेरित	
	होंगे	

<u>फरवरी 17 दिवस</u>

<u>क्रम</u>	मास/कार्य	पाठ का नाम	शिक्षण युक्ति	अधिगम प्राप्ति
<u>संख्या</u>	<u>दिवस</u>			
1.	फरवरी 17	गद्य व पद्य की	-पी.पी.टी.	-छात्र रचनात्मक
	दिवस	पुनरावृत्ति	-दृश्य/श्रव्य सामाग्री	लेखन का
			-प्रश्नोत्तर विधि	कौशल विकसित
			-मस्तिष्क मंथन	कर पायेंगे।
			विधि	

ग्रीष्मावकाश (परियोजना-कार्य)

- मैं कौन हूँ?(स्लैम बुक)
- भगवान शिव से जुड़ी कोई कहानी लिखिए ।
- बारह महीनों में आए हुए एक-एक विशेष दिन का रंगीन चित्र ए-4 साइज़ शीट पर बनाइए व उन विशेष दिनों के नाम भी लिखिए |
- कबीर के व्यक्तित्व को अपने शब्दों में लिखिए।
- हिन्दी समाचार पत्र से 5 सूचना काट कर ए-4 साइज़ शीट पर चिपकाइए |

विषय निर्देश:--

- लेखन कार्य स्वच्छ व आकर्षक हो।
- मूल्यांकन हेतु छात्र उपरोक्त विषयों पर कार्य पत्रिका में कार्य करेंगे।

शरदावकाश (परियोजना कार्य)

- काल व उसके भेद को ध्यान में रखते हुए काल की अलमारी का निर्माण कीजिए ।
- मेहनत व जोश से परिपूर्ण किसी एक कविता की रचना स्वयं करें।
- राजा पुरू व प्रजा के मध्य संवाद लिखें |
- प्रतिदिन एक सुलेख लिखें |
- ज्ञान सागर व अभ्यास सागर के प्रश्न कीजिए |

विषय निर्देश:--

- लेखन कार्य स्वच्छ व आकर्षक हो।
- मूल्यांकन हेतु छात्र उपरोक्त विषयों पर कार्य पत्रिका में कार्य करेंगे।

CURRICULUM PLAN CLASS 7

Maths

2023-2024

Specific Objective

The objective of teaching mathematics at this level are-

- 1. Developing a positive attitude towards learning mathematics.
- 2. Performing mathematical operations and manipulations with confidence, speed and accuracy.
- 3. Thinking and reasoning precisely, logically and critically in any given situation.
- 4. Developing investigating skills in Math.
- 5. Comprehend, analyze, synthesize, evaluate and make generalizations to solve mathematical problems.
- 6. Collecting, organizing, representing, analyzing, interpreting data and making conclusions and prediction from its results
- 7. Developing willingness to work collaboratively.
- 8. Communicating Mathematical ideas.
- 9. Applying Mathematical knowledge & skills to familiar and unfamiliar situation

Month/ No of Days	Chapter Name	Methodology	Learning Objectives
APRIL (18 DAYS)	Rational Numbers Properties of rational numbers Standard form of rational numbers Absolute value of rational numbers Representation of rational numbers on number line Comparing of rational numbers	Working model of number line Blackboard Smart board assignments Introduction to rational numbers and its need as an extension of fraction Rational numbers can be expressed in standard form by making HCF of numerator & denominator equal to 1 Comparison of rational numbers can be done with the help of Number line Without number line(by making their denominator same) ACTIVITY: Frayer's model on definition of rational number.	The students will be able to Develop mental ability, reasoning & logical thinking in the field of rational numbers Represent rational numbers on number line Compare given rational numbers Write the absolute value of rational numbers. Skills- Basic skills Value- Progressive Recognition Creative skills Planning for others

2. Operation on Rational Number

- Addition of rational numbers
- Subtraction of rational numbers
- Multiplication of rational numbers
- Reciprocal of rational numbers
- Division of rational numbers
 Rational numbers between
 two rational numbers

- Number line model
- Smart board assignment
- Verification of properties of rational numbers with the help of examples(Inductivemethod)

ACTIVITY:

Foldable on operation on rational numbers(File)

3. Rational numbers as decimals

- Rational numbers as decimals
- Terminating and nonterminating decimals
- Black Board/Smart Board
- Operation with reference to the operations on fractions

ACTIVITY

Frayer's model on terminating and non-terminating decimal expansion.

Students will be able to:-

- Add, subtract,
 multiply and divide
 rational numbers with
 reference to the
 operations on
 fractions.
- Write infinite rational numbers.
- Find reciprocal of given rational number
- Verify properties of addition, subtraction, multiplication & division of rational numbers
- The students will be able to:
- Represent rational numbers as a decimal as an extension of representation of fractions as decimal.
- Add, subtract, multiply and divide decimals.

			Apply BODMAS rule in solving problems involving fractions and decimals Skills- Basic skills Critical thinking
MAY (15 DAYS)	4. Symmerty • Lines of symmetry • Symmetry & reflection in a mirror	 Discussion on lines of symmetry in nature English alphabets & geometrical shapes 	 Critical thinking, logical reasoning allows learners to engage with concepts & deepens understanding to apply what is learned in a variety of
JUNE	SUMMER BREAK		environments.
	SUMMER BREAK HOLIDAY HOMEWORK 1. ART INTEGRATION: Any cartoon characterand its line(s) of symmetry(File) 2. Worksheets based on chapters covered 3. Foldable on operation on rational numbers(File)		Skills - creative thinking

JULY (22 DAYS)

5. Exponents

- **Exponent of rational** numbers
- Reciprocal with positive integral exponent
- Laws of exponents
- Use of exponents in expressing large and small numbers

- Black board
 - Assignment from smart board
 - Arriving to generalization of laws of exponents through patterns

ACTIVITY

- 1. Foldable on laws ofexponents(File)
- 2. Mind map

6. Algebraic Expressions

- Multiplication of monomials
- Application of product of monomials
- Multiplication of binomials
- Multiplication of a binomial and a trinomial
- H.C.F.
- Factorization

- Assignment from smart board
- Multiplication using distributive property of multiplication
- H.C.F. by taking highest common factor outside
- Class discussion

Students will be able to:-

- Apply the laws of exponents for solving practical problems
- Handle very small and large numbers
- Write large numbers in standard form using laws of exponents and vice-versa.

Skills: Basic,

Creative

Values: Progressive Recognition

Students will be able to:-

Find the product of monomials, binomials and trinomials with each other and apply the knowledge in solving practical problems based on perimeter and area

AUGUST (23 DAYS	Algebraic expressions continued. 7. Linear equation in one variable • Solution and verification oflinear equation in one variable • Application of linear equation(word problems)	 Black board Assignment from smart board Solution of linear equation using laws of transposition To form questions based on their daily lives a) Relation between child and his/her family member b) Total money in piggy bank in terms of denominations ACTIVITY: ASSIGNMENT	Skills: classification, simplification and data handling Values: precision, making hypothesis Students will be able to: Identify a linear equation and be able to solve and check such an equation. To apply the knowledge in solving real life problems Skills: practical, creative, critical, logical and problem solving
SEPTEMBER (23 DAYS)	Revision for Mid Term Examination		
OCTOBER (19 DAYS)	 Rectangular paths Paths crossing each other Area of a parallelogram Area of a triangle 	Whiteboard • Using concept of perimeter and area • Inductive method ACTIVITY Costume design using different geometrical shapes.	Students will be able to: Calculate area of parallelogram, triangle, circle, rhombus and circumference of circle To apply the knowledge in solving real life problems. LIFE SKILL ENHANCED: Understanding mathematical fact by applying hands and workingout the concept of mathematics in simple and

analytical way

• Circumference and area of circle

NOVEMBER (19 DAYS)

10. Application of percentage

- Simple application of Profit andloss
- Simple interest

11. Triangle and its properties

- Angle sum property of a triangle
- Relationship between exterior angle and interior opposite angles
- Triangle inequality
- Pythagoras theorem
- Median, centroid, altitude, orthocentre, perpendicular, bisector, circumcentre, angle bisector and incentre of a triangle

ACTIVITY:

Mind map

Students will be able to:-

- Solve daily life problems related to percentage.
- Find unknown quantity using formulas of (1)profit% or loss% (2)simple interest

life skill enhanced (1)practical (2)analytical (3)social awareness

ACTIVITIES:

- Pythagoras theorem(file)
- 2. Comparison chart of median, altitude, perpendicular bisector and angle bisector.

Students will be able to:-

- apply triangle inequality to check whether triangle construction is possible or not.
- Apply Pythagoras theorem In real life situations
- Define median, perpendicular bisector, angle bisector and incentre of a triangle
- Construct median, centroid, orthocenter, circumcentre, incentre

Skills: critical, problem solving, creative thinking, Value: accuracy

DECEMBER Students will be able to:-• Need of Mean, median and 12. Data Handling mode as the main Establish relationship (22 DAYS) Organizing data characteristics of the data among the data and Range of data • Pictorial representation of data represent it with the Arithmetic Mean using bars of uniform width and help of a bar Median equal spacing between them on graph, double bar graph paper. graph and interpret it. Mode To understand the Drawing and ACTIVITY: practical applicability interpretation of bar SDG GOALS- BAR GRAPH and importance of graph and double bar statistics. graphs To understand the practical applicability and importance of statistics Calculate Mean, Median and Mode of the given data and utilize the knowledge in day to day life Students will be able to:-Identify congruent Clarification of concept from day object 13. CONGRUENT TRIANGLES to day life examples having Check whether Congruence of triangles by exactly the same shapeand size. given triangles are SSS,SAS,ASA,RHS rule Example: coins of the same congruent or not denomination will be used. using congruence criterion

WINTER HOLIDAY HOMEWORK-

• Worksheet related to chapters done in the month of November and December.

JANUARY (17DAYS)	14. CONSTRUCTION OF TRIANGLE • Construction using SSS,SAS,ASA and RHS criterion 8. Visualizing solid shapes • Faces ,edges andvertices of a solid	Geometrical instruments Whiteboard Construction of triangle from the given measures ACTIVITY(congruence and construction) Paper folding and cutting method to show different congruence conditions using costruction.(File)	Students will be able to:- • Acquire skill of construction by using ruler and compasses • To handle geometrical instruments with ease and proficiency and measures accurately
	Net for 3D shapes Sketching solid on a squared and isometric sheets (INTERNAL ASSESSMENT)	• ACTIVITY: 3D shapes using waste material (File).	SKILLS: designing skills VALUES: accuracy, Presenting attractively, solving problems. Students will be able to: Identify geometric shapes in objects they use in their dailylives

FEBRUARY:

Revision for Annual Examination.

CURRICULUM PLAN 2023-2024

SUBJECT – SOCIAL SCIENCE

CLASS – VII

LEARNING OBJECTIVES:

The main objectives of teaching Social Science at this level are:

- To promote the understanding and gain knowledge of interdependence of humans and environment and understand about the geological changes on the surface of the earth.
- To explain history of medieval period and reasons for the foreign invasions in India and the impact of these ruler, emergence of independent states and also about the advent of various religions.
- To emphasise on the ideals of democracy, functioning of State Government, role of media and advertising in democracy, gender concern etc.

APRIL (18 DAYS)

S.NO	CHAPTER	METHODOLOGY	LEARNING OUTCOMES	NO.OF DAYS
1	COMPONENTS OF	Flow Chart of physical	Students will be	05
	ENVIRONMENT	and biological	able to:	
	(CHAPTER- 1)	environment	Understand the	
		Explanation of spheres	difference	
		of the environment with	between physical	
		help of diagram	and biological	
			environment.	
		Activity: Diagram of	Gain knowledge	
		the four spheres of Environment (Page 1 of	about the four	
		text book)	spheres of the	
		(Activity will be assessed	environment and	
		for Multiple		

		<u>Assessment)</u>	their importance	
			Life Skills: Creative Thinking, Empathy	
2	MEDIEVAL	Flow chart showing the	Students will be	03
	PERIOD	various sources of	able to:	
	(CHAPTER- 9)	information	Differentiate	
		Activity: Comparative	between the	
		study of the two	different sources of	
		different sources of	information	
		information with the	(archaeological	
		help of diagrams	and literary).	
		(Activity will be assessed	Life Skills:	
		for Art Integrated	Creative Thinking	
		Subject Enrichment)		
3	DEMOCRACY AND	Discussion of the	Students will be	05
	EQUALITY	Election process citing	able to:	
	(CHAPTER- 18)	the appointment of the	Learn new words	
		class monitor as an	related to the	
		example	Indian	
		Comparative study of the	Government like	
		different levels of	Democracy,	
		government	Equality,	
		Activity: A) Draw any	Discrimination,	
		five party symbols of	Universal Adult	
		India with the name of	Franchise etc.	
		the party and their	Understand and	
		leader	co-relate the terms	
		(Activity will be assessed	in their daily lives	
		for Art Integrated		
		Subject Enrichment)		

		B) Mock Election (Class Representatives) (Activity will be assessed for Multiple Assessment)		
4	THE EARTH AND	Explanation of the	Students will be	05
	THE CHANGES ON	external and internal	able to:	
	IT	processes with the help	Understand the	
	(CHAPTER 2)	of examples from daily	significance of	
		life	external and	
		Explanation of the	internal processes	
		concept of soil erosion	which leads to the	
		and formation of delta	formation of	
		Map of India showing	various landforms	
		the major soil types	on the surface of	
		Activity: Diagrams of	the earth	
		Meander, Delta, Soil	analyze the causes	
		Layers (Page 8, 9 and	of soil erosion and	
		11 of text book)	the importance of	
		Political map of India	soil conservation	
		showing the soil types	Life Skills: Self	
		(Page 11 of text book)	Awareness,	
		Something To Do (Pg	Critical Thinking,	
		15 of text book)	Respect for the	
		(Activity will be assessed	Environment	
		for Art Integrated		
		Subject Enrichment)		

MAY (15 DAYS)

S.NO	<u>CHAPTER</u>	METHODOLOGY	LEARNING OUTCOMES	NO.OF DAYS
5	OUR STATE	Chapter will be	Students will be able to:	05
	GOVERNMENTS	explained with the help	Differentiate between the	
	(CHAPTER- 19)	of Political Map of India	three lists and the	
	,	showing the States,	empowerment of the	
		Capitals & Union	Union and State	
		Territories of India.	Governments	
		Discussion on the three	identify the different	
		different lists	states of India on the	
		Co-relate State with	political map recognize	
		Union Government	the role of the two houses	
			of State Legislature	
		Activity: Quiz based on	Life Skills:	
		the chapter	Effective	
		(Activity will be assessed	Communication, Critical	
		<u>for Multiple</u>	Thinking	
		Assessment)		
6	THE RISE OF	Map showing the	Students will be able to:	05
	SMALL	kingdoms of North India	Analyze the reasons for	
	KINGDOMS IN	Discussion on the	the rise of the small	
	NORTH INDIA	reasons for the rise of	kingdoms understand and	
	(CHAPTER- 10)	small kingdoms in North	respect the strength of	
		India	the three major kingdoms	
		Activity: On an outline	of North India namely	
		political map of India,	Palas, Rashtrakutas,	
		show the important kingdoms of North India.	Pratiharas	
			Life Skills: Critical	
		(Activity will be assessed	Thinking,	
		for Art Integrated Subject Enrichment)	Effective Communication	

7	LAND AND THE	Showing pictures related	Students will be able to:	02
	PEOPLE (CHAPTER-8)	to different religions of	Understand and compare	
	(CIM 12IC 6)	the world Discussion on	the lifestyles of people of	
		the different religions	different regions of the	
		emphasizing on Islam	world	
		and Sikhism Smart	Analyze the reasons for	
		Board Content	the	
		(This chapter will be	cutting of forests in the	
		discussed and given as Project for Summer	Amazon basin	
		Break)	Critically analyze the	
			result of destruction of	
			forests	
			Learn about the uses of	
			river basins to mankind	
			Life Skills: Critical	
			Thinking, Self Awareness	
8	MAJOR	Showing pictures related	Students will be able to:	03
	RELIGIONS	to different religions of	Understand the various	
	(CHAPTER-17)	the world Discussion on	religions in India and	
		the different religions	bring out the similarities	
		emphasizing on Islam	between them respect all	
		and Sikhism.	religions by understanding	
		(This chapter will be	That they all teach the	
		discussed and given as	same thing.	
		Project for Summer	Analyze that money is not	
		Break)	the main way to realize	
			God.	
			Learn to serve people as a	
			way to achieve happiness.	
			Life Skills: Critical Thinking, Effective Communication, Self	

	Awareness,Interpersonal	
	Relationship	

JULY (22 DAYS)

S.NO	<u>CHAPTER</u>	METHODOLOGY	LEARNING OUTCOMES	NO.OF DAYS
9	AIR AROUND US	Explanation of different	Students will be able to:	08
	(CHAPTER-4)	layers with the help of	Identify the different	
		illustrations like layers	layers of the atmosphere.	
		of Atmosphere and	Understand the importance	
		description of	of each layer of	
		importance of different	atmosphere	
		layers;	Analyze the changing	
		Composition of Air and	conditions in weather	
		explanation of	Differentiate between	
		important features of	weather and climate	
		different gases present	Life Skills: Creative Thinking, Critical	
		in the Atmosphere.	Thinking, Effective	
		Familiarise the students	Communication and Problem Solving.	
		with the concept of air	1 Toblem Solving.	
		pollution and its causes		
		Discussion about		
		weather reports and		
		monitoring weather		
		reports.		
		Activity: Diagrams of Layers of Atmosphere & Composition of Air (Pg 24 & 25) (Activity will be assessed for Art Integrated Subject Enrichment)		
10	THE RISE OF	Map showing the	Students will be able to:	08

	SMALL	kingdoms of South	Understand the difference	
	KINGDOMS IN	India.	between the kingdoms of	
	SOUTH INDIA	Discussion on the	North and South India.	
	(CHAPTER- 11)	rise of the different	Compare the architecture	
		kingdoms in South	of North and South with	
		India Comparative	special reference to the	
		study of features of	temples.	
		North and South India	Life Skills: Critical	
		Activity: Political Map	Thinking,	
		of India showing the	Effective	
		important South	Communication	
		Indian kingdoms		
		(Activity will be		
		assessed for Art		
		Integrated Subject		
		Enrichment)		
11(A)	THE SURFACE	Students will participate	Students will be able to:	06
	AND INTERIOR OF	in different activities	Visualize the structure of	
	THE EARTH	such as Making a 3D	the interior of the earth.	
	(CHAPTER- 3)	model of the interior	Identify the causes of	
		structure of the Earth by	natural disasters like	
		using play dough.	earthquakes floods and	
		Preparing a	volcanoes.	
		quiz/questionnaire on	Analyze the preventions	
		different topics given in	we can take to save	
		the chapter.	ourselves from such	
		Pasting pictures of	disasters.	
		different types of	Life Skills:	
		minerals in the	Interpersonal	
		Geography Notebook.	Relationships, Critical	
		(This chapter will be	Thinking, Empathy	

	assessed as an activity-	
	based chapter)	

AUGUST (23 DAYS)

SNO.	<u>CHAPTER</u>	METHODOLOGY	<u>LEARNING</u>	NO.OF
			<u>OUTCOMES</u>	DAYS
11(B)	THE SURFACE	Students will participate	Students will be able to:	03
	AND INTERIOR OF	in different activities	Visualize the structure of	
	THE EARTH	such as Making a 3D	the interior of the earth.	
	(CHAPTER- 3)	model of the interior	Identify the causes of	
	Contd	structure of the Earth by	natural disasters like	
		using play dough.	earthquakes floods and	
		Preparing a	volcanoes.	
		quiz/questionnaire on	Analyze the preventions	
		different topics given in	we can take to save	
		the chapter.	ourselves from such	
		Pasting pictures of	disasters.	
		different types of	Life Skills:	
		minerals in the	Interpersonal	
		Geography Notebook.	Relationships, Critical	
		(This chapter will be	Thinking, Empathy	
		assessed as an activity-		
		based chapter)		
12	TURKISH	Map of India and its	Students will be able to:	07
	INVASIONS IN	neighbouring country	understand the reasons for	
	INDIA	Afghanistan to show the	the invasions by the Turks	
	(CHAPTER- 12)	route of entry into India	and the route by which	
		Pictures of Ghazni and	they entered into India	

		Ghori	compare the	
		Activity: Map Skiii	methods of invasion by	
		(Both a and b part on	Ghazni and Ghori	
		Page 95 of text book)	Life Skills: Critical	
		(Activity will be	Thinking	
		assessed for Multiple		
		<u>Assessment)</u>		
13	MEDIA-THE	Discussion on the	Students will be able to:	13
	MAINSTAY OF	different types of mass	understand the different	
	DEMOCRACY	media (print and	sources of information	
	(CHAPTER- 20)	electronic) Newspaper	critically analyze the role	
		analysis to understand	of media in a democracy	
		the use of technology	educate society about the	
		Activity: Diagrams of	Right to Information Act	
		Print and Electronic	of 2005	
		Media	Life Skills: Critical	
		Map Skill (Page 174 of	Thinking, Self	
		text book) and Some	Awareness, Effective	
		To Do{Part 2}	Communication	
		(Activity will be		
		assessed for Multiple		
		<u>Assessment)</u>		

SEPTEMBER (22 DAYS-11 DAYS FOR TERM I EXAMS)

• Revision of Syllabus of Term I Exams to be held in September 2023

OCTOBER (19 DAYS)

S.NO	CHAPTER	METHODOLOGY	LEARNING	NO.OF
			OUTCOMES	DAYS

14	REGIONAL	Map of India showing	Students will be able to:	06
	POWERS	the different regional	Understand the	
	(CHAPTER- 14)	powers	administrative system of	
		Activity: Political Map	regional kingdoms and co-	
		of India showing the	relate it to the present	
		different regional	administrative system	
		powers in the different	Identify the two powerful	
		parts of India	kingdoms of South India	
		(Activity will be	on the political map of	
		assessed for Art	India	
		Integrated Subject	Analyze the reasons for	
		Enrichment)	the wars between the two	
			powerful kingdoms	
			Vijaynagar and Bahamani	
			Life Skills: Creative	
			Thinking,	
			Critical Thinking	
15	DELHI	Students will participate	Students will be able to:	05
	SULTANATE	in different activities	Analyze closely the	
	(CHAPTER- 13)	such as Role Play,	transformation and	
		prepare Timeline/Flow	expansion of Delhi as the	
		Chart of different	capital of India	
		dynasties, Map making	Compare the rule of Delhi	
		showing the extent of	under the different Sultans	
		territories under	Understand the differences	
		different Delhi Sutans.	in society that emerged	
		(This chapter will be	after the coming of the	
		assessed as an activity-	Turks	
		based chapter)	Life Skills: Critical	
			Thinking, Effective	
			Communication,	

			Creative Thinking, Self	
			Awareness	
16	WATER	Diagram of Water	Students will be able to:	04
	SURROUNDING	Cycle highlighting the	Understand the various	
	THE EARTH	three processes	processes involved in	
	(CHAPTER- 5)	Map of Ocean Currents	water cycle.	
		Pictures of devastation	Identify hot and cold	
		by floods, earthquakes,	currents on the map of	
		etc.	world.	
		Discussion on Tsunami	Analyze the causes of	
		that hit Japan in 2010	natural disasters like	
		Activity: Case based	floods and earthquakes.	
		study (Any one	Enlist measures to take	
		natural diaster)	preventions during natural	
		(Activity will be	disasters.	
		assessed for Multiple	Life Skills: Critical	
		Assessment)	Thinking, Effective	
			Communication	
17	ADVERTISING	Students will participate	Students will be able to:	04
	AND DEMOCRACY	in different activities	understand the different	
	(CHAPTER- 21)	such as Discussion	types of advertisements	
		on the different	critically analyze the role	
		advertisements shown	of advertisements in	
		in the class (various	society	
		advertisements of	learn their roles as	
		different types – social	consumers and understand	
		and public service	their rights	
		advertisements like		
		ORS and Polio drops,	Life Skills: Critical	
		consumer awareness,	Thinking, Creative	
		etc.); Collage making,	Thinking, Effective	

	Something To Do (Page	Communication	
	182 of text book)		
	(This chapter will be		
	assessed as an activity-		
	based chapter)		

NOVEMBER (19 DAYS)

S.NO	<u>CHAPTER</u>	METHODOLOGY	LEARNING OUTCOMES	NO.OF DAYS
18	THE MUGHAL	Flow Chart/Time Line	Students will be able to:	08
	EMPIRE	chart of the different	Differentiate between the	
		rulers of the Mughal	ruling strategies of the	
		Empire.	different rulers of the	
		Activity: Political map	dynasties under the	
		of India showing the	Mughal Empire	
		important places of	Analyze the monuments	
		Mughals (Delhi,	built by the Mughals and	
		Mathura, Lahore,	compare them with the	
		Panipat, Agra,	monuments built by the	
		Devgiri) and the extent	Indians.	
		of empire under Ala-	Assess the features of	
		ud-din Khalji	Indo- Islamic architecture.	
		(Activity will be	Life Skills: Creative	
		assessed for Art	Thinking, Critical	
		Integrated Subject	Thinking, Self	
		Enrichment)	Awareness.	
19	LIFE ON THE	Pictures showing	Students will be able to:	05

	EARTH	different vegetation	Identify the different	
	(CHAPTER- 6)	belts of the world	vegetation belts on the	
		(forests, grasslands,	map of the world.	
		deserts).	Understand the	
			relationship between the	
		Activity: Map showing	animal and plant kingdom	
		the Tropical and	with the environment	
		Temperate Grasslands	Analyze the impact of	
		(Page 42 and 43 of text	human activity on the	
		book)	environment and suggest	
		(Activity will be	methods of preservation of	
		assessed for Art	plant and animal species	
		Integrated Subject	Life Skills: Creative	
		Enrichment)	Thinking,	
			Empathy, Critical	
			Thinking	
20	UNPACKING	Pictures of women in	Students will be able to:	06
	GENDER	different occupations	Appreciate the role of	
	(CHAPTER- 22)	/professions.	women in different	
		Discussion on gender	professions.	
		inequality in India and	Critically analyze gender	
		at International level –	inequality in Indian	
		reasons and solutions.	society.	
			Understand the role of	
		Activity: Poster	education as a tool of	
		Making	change in the society.	
		Topic: 'Women	Life Skills:	
		Empowerment'	Critical Thinking,	
		(Activity will be	Empathy, Self	
		assessed for Multiple	Awareness,	
		<u>Assessment)</u>	Critical Thinking	

DECEMBER (22 DAYS)

S.NO	<u>CHAPTER</u>	METHODOLOGY	LEARNING OUTCOMES	NO.OF DAYS
21	HUMAN	Pictures of settlements	Students will be able to:	08
	ENVIRONMENT	from stone age to	understand the importance	
	(CHAPTER- 7)	modern age	of discovery of fire and	
		Discussion on the	wheel analyze the different	
		factors responsible for	factors which help in	
		permanent settlement	settlements	
		Chapter will be	learn about the important	
		explained highlighting	sea ports and airports of	
		the different modes of	the world	
		transport and their	Life Skills:	
		importance	Critical Thinking,	
		Activity: Collage	Creative Thinking	
		making on Transport		
		& Communication		
		(Activity will be		
		assessed for Art		
		Integrated Subject		
		Enrichment)		
22	EMERGENCE OF	Map showing the	Students will be able to:	07
	INDEPENDENT	independent kingdoms	Analyze the reasons for	
	STATES	Stories about the	the decline of Mughal	
	(CHAPTER- 16)	bravery of Shivaji and	Empire and setting up of	
		Tipu Sultan	independent states in	

		Activity: Narrating	India.	
		memorable incidents	Develop a feeling of	
		related to Shivaji,	patriotism towards our	
		Tipu Sultan, Guru	country.	
		Nanak, Maharaja	Respect our brave heroes	
		Ranjit Singh etc.	who fought for the	
		OR Role Play by the	freedom of our country.	
		students.	Life Skills: Critical	
		on different	Thinking, Creative	
		personalities	Thinking, Sense of	
		mentioned in the	belongingness	
		chapter.		
		(Activity will be		
		assessed for Multiple		
		Assessment)		
23	MARKETS	Pictures of various	Students will be able to:	07
	AROUND US	types of markets that	differentiate between the	
	(CHAPTER- 23)	exist around us will be	three types of markets and	
		shown	highlight their features	
		and discussion on the	identify the role and	
		same with special	importance of each	
		reference to the big	category of market analyze	
		giants of today	the concept of demand and	
		Activity: Group	supply in determining the	
		discussion or debatein	price of a product	
		the class on	Life Skills: Effective	
		bargaining/	Communication,	
		negotiation v/s fixed	Critical Thinking,	
		prices.	Interpersonal	
		(Activity will be	Relationship	

assessed for Multiple	
Assessment)	

JANUARY (17 DAYS)

Revision of Syllabus of Annual Exams to be held in February 2024

SUMMER HOLIDAY HOMEWORK:

- Prepare a Project on:
 - (I) Land and the People as explained in the class.
 - (II) Major Religions as explained in the class.
- Complete all written work related to the chapters done in class along with the activities and worksheets mentioned in the same chapters.
- Prepare for the Unit Test to be held in July 2020.

WINTER HOLIDAY HOMEWORK:

- Prepare the Project on Advertising and Democracy as explained in the class.
- Complete all written work related to the chapters done in class along with the activities and worksheets mentioned in the same chapters.
- Prepare for the Annual Exam to be held in February 2021.

LISTS OF MAPS TO BE DONE IN TERM-I

- GEOGRAPHY: (Both Identifying & Locating and Labelling)
 - o Major Soil Types and states of each soil type. (Pg 11)
- HISTORY:(Both Identifying & Locating and Labelling)
 - o Small kingdoms in North India (Pg 73)
 - o Small kingdoms in South India (Pg 82)

LISTS OF MAPS TO BE DONE IN TERM-II

- GEOGRAPHY: (Both Identifying & Locating and Labelling)
 - o Fishing Grounds and Major Ocean Currents (Pg 35)
 - o Tropical Grasslands (Pg 42) and Temperate Grasslands (Pg 43)
- HISTORY: (Both Identifying & Locating and Labelling)
 - Regional Powers: Kashmir, Lodi Kingdom, Marwar, Mewar, Bahmani Kingdom and Vijaynagar Empire (Pg 110)
 - o Mughal Empire under Akbar (Pg 122)

CURRICULUM PLANNER 2023-2024

CLASS 7

SCIENCE

As consistent with the stage of cognitive development, Science is being taken as a core subject in the curriculum. At this stage, it is a gradual transition from environmental studies to the elements of science. The child should be engaged in learning the principle of science through familiar experience, working with hands to design simple technological units and models and continuing to learn more about the environment and health.

Scientific concepts are to be arrived at mainly from activities, experiences, surveys, group activities, discussions with peers and teachers and organisation of data.

Science curriculum at the upper primary stage intends to develop

- Scientific temper and scientific thinking.
- Understanding about the nature of scientific knowledge. Process skills of Science.
- Appreciation of evolution of science.
- Sensitivity towards environmental concerns.

The curriculum of class VII has been organised around, the following themes/topics

Unit. No.	Name of the Chapter
1	Nutrition in Living Organisms -Plants
2	Nutrition in Living Organisms- Animals
3	Chemical Substances and Processes
4	Acids, Bases and Salts
5.	Heat
6	Motion and Time
7	Respiration in Organisms
8.	Transportation in Plants and Animals
9	Reproduction in Plants
10	Soil
11	Electric charges at rest
12	Light
13	Weather and climate
14	Fabric from fibre
15	Forests
16	Water
17	Electric Current and its Effects

Month	Chapters	Methodology	Learning Outcomes
April	Chapter- 1		
(18 days)			Students will be able to:
	Nutrition in Living	web-chart on different modes of	
	Organisms-Plants	nutrition.	Explain different modes of
			nutrition.
		observe slides of Rhizopus and	
		bread mould(virtual lab).	Identify different raw materials
			required for Photosynthesis.
		Discussion on Insectivorous	
		plants	List the features of different
			insectivorous plants.
		Collect and paste pictures of	
		different symbiotic relationships	Summarise the methods of
		in scrap book.	nutrient replenishment in the
			soil.
		Explain the human digestive	
	Chapter-2	system with the help of a	Compare digestive system of
		diagram.	human being and ruminants
	Nutrition in Living		
	Organisms-Animals	To draw labelled diagram of	Understand the role of villi in the
		buccal cavity, tongue, small	absorption of food.
		intestine, showing villi of small	·
		intestine, digestive system of	Explain the functions of different
		ruminants	glands associated with the
			digestive system.
		Video to show digestion in	
		amoeba	Diagrammatically explain the
			various steps involved during
			nutrition in Amoeba
May			
(15 days)	Chapter 3		
	Chemical substances	Flash card activity for matching	
	and processes	symbols of ions and their charges	Identify cations and anions
			Formulate chemical formulae
		Summarise the procedure	Differentiate between pure
		followed for writing the chemical	substances and mixtures.
		formula.	Identify different types of
			chemical reactions
		Demonstrate different types of	
		chemical reactions(virtual lab)	
<u> </u>	<u> </u>	1	

July			
(22 days)	Chapter 4		
(22 days)	Acids, Bases and	Identify acids and bases using	
	Salts	natural indicators using a mobile	
	Suits	kit.	Differentiate acids and
			bases using natural
		Show the reaction of acids and bases on	Indicators.
		bases on	Understand the properties of
		synthesize indicators.	acids and bases.
		Synthesize maneators:	acias ana bases.
		Tabulate organic acids, mineral	Interpret the chemical
			formulae.
		acids, strong acids, weak acids,	
		strong bases, weak bases	Write balanced chemical
			reaction.
		Formulate salts on the basis of	
		their properties	Classify acidic, basic and
			neutral salts on the basis of their
			properties
		Demonstrate clinical and	
		laboratory thermometer	Analyze the comparison
	Chapter 5	,	of clinical and lab
	Heat	Compare clinical and lab.	thermometers.
		Thermometer by finding their	Calculate the least count of the
		least count.	thermometer.
			Differentiate between
		Draw a web chart of conduction,	conduction, convection
		convection and radiation.	and radiation and justify
			them with daily life
		Draw diagram to show land	examples.
		breeze and sea breeze	Value natural phenomenon like
			sea breeze, land breeze
August	Chapter-6	Activity to show relative motion	
(23 days)		Observe that the state of	
	Motion and time	Observe the odometer of any	Calculate speed of vehicle.
		vehicle and calculate the distance	Appreciate value of units in
		(Home assignment)	daily life
		Mobile kit activity on conversion	auny me
		of units in their daily life.	Distinguish between
		and in their daily life.	Uniform and non-uniform
		Distinguish between	motion.
		Uniform/non uniform motion	
		Uniform/non uniform motion	

	Chapter-7		
Septembe r (22 days)	Respiration in Organisms Chapter-8 Transportation in Plants and Animals Mid- term examination	Anaerobic respiration in yeast.(mobile kit activity) web chart on modes of respiration. Determine pulse rate Mobile kit activity to show the action of diaphragm during respiration Kitchen lab activity on transportation of water by stem. web chart on components of circulatory system. Demonstration of pulse rate. Diagrammatic explanation of excretory system of	Compare; and contrast aerobic and anaerobic respiration. Distinguish between Breathing and respiration. Draw a labelled diagram of the respiratory system. Identify respiratory organs in different organisms. Understand transportation of substances in plants. Develop the concept of functioning of the heart. Summarise the process of excretion. Relate breathing rate with pulse rate
October (19 days)	Chapter-9 Reproduction in plants	Slides observation(virtual lab) Kitchen lab activity to show vegetative propagation. Vertical section of hibiscus flower. web-chart on different modes of reproduction and dispersal	Appraise and compare the different modes of asexual reproduction Discriminate between different methods of vegetative propagation. Relate the process of pollination with fertilization Categorise plants on the basis of mode of seed dispersal

		1	
	Chapter 12: Light	Mobile kit activity to demonstrate the characteristics of image formed by plane mirror Study the relationship between angle of Incidence and angle of reflection through activity	Understand the importance of plane mirror in our daily life Differentiate between regular and diffused reflection
November (19 days)	Chapter-12 Light (contd) Chapter 14 Fabric from fibre	Collection of different types of natural and synthetic fibres. Flow diagram of conversion of fleece to wool Diagrammatic explanation of life cycle of silk moth	Differentiate between natural and synthetic fibres Understand the process of formation of wool Draw the life cycle of silk
	Chapter 10 Soil	Mode of soil profile Study and indicate different soil types on the map of India	moth Identify the various layers of soil Understand the properties of soil Relate various crops to soil type
December (22 days)	Chapter-16 Water	Make poster/collage related to water Paste latest article on Greenhouse Effect/global warming in activity file. Draw pie-chart on percentage of water on earth.	Represent the percentage of water on earth using a pie chart. Explain scarcity of water and its reasons. Value the importance of water management for survival.

		T	
	Chapter- 13 Weather and climate Chapter 15	Make a powerpoint presentation on Water. Newspaper cutting for studying a weather of a place Adaptive features of animals through diagrams and picture gallery	Differentiate between weather and climate Correlate the features of animals with the climatic zone where they are found
	Forests	Picture gallery on forest and its products Designing food web Web chart on importance of forest	Understand the importance of forests Identify the forest animals and show their inter-dependence on each other
January (17 days)	Chapter-17 Electric current and its effects Chapter 11 Electric charges at rest	Make connections of an electric circuit. Draw circuit diagrams with the help of symbols. Collect samples of electric fuses. Make an electromagnet. Activity on conductor and insulators Web chart on methods of charging Discussion on safety precautions during lightning	Draw symbols of devices used in electric circuits. Outline advantages and disadvantages of heating effects of current Make an electromagnet and understand the factors on which its strength depends. Draw a well labelled diagram of electric bell and understand its working Classify materials as conductors and insulators Enlist the safety precautions to be taken during lightning
February March	Revision Examination		

Summer Holiday Homework:

- 1. Make a model on the human Digestive system/ insectivorous plant/ mode of nutrition in Amoeba/ mode of nutrition in ruminant animals.
- 2. Make a chart on any three of the following-
- a) Symbols of 10 cations and anions each
- b) Symbols of first 20 elements
- c) Steps involved in writing chemical formula with at least 10 examples
- d) Types of chemical reactions giving 5 examples of each type.

Winter Holiday Homework:

- 1. Comparative study of different types of soil/forest/flora/ fauna in eastern India
- 2. WORKSHEETS

विषय-संस्कृतम्

सत्र-2023-24

कक्षा - VII

अधिगम-उपागमा:-

- 1. संस्कृतभाषया कथितान् निर्देशान् अवगच्छेयु:।
- 2. संस्कृतेन लिखिताः लघुकथाः पद्यानि च श्रुत्वा पठित्वा वा अवगच्छेयुः।
- 3. संस्कृतभाषया लघुवाक्यानि वदेयु:।
- 4. श्लोकानां सस्वरवाचने समर्थाः भवेयुः।
- 5. **सरलसंस्कृतवाक्यानि रचयेयु:।**

कार्यदिवसाः	उपविषया:	शिक्षणविधि:	लक्षिताधिगमा:
April (18 Days)	1.बुद्धिः एव अस्माकम् बलम् उपसर्गाः अव्ययपदानि	कथावाचनम् संयोजन-वियोजनम् वाक्येषु प्रयोगः	कथावबोधनम् नवीनपदानां रचना वाक्य-रचना

कार्य-दिवसाः	उपविषया:	शिक्षणविधि:	लक्षिताधिगमाः
May (15Days)	2.अभ्यासः एव परमो गुरूः प्रत्ययाः - क्त्वा,ल्यप् सङ्ख्याः-1-40	कथावाचनम् संयोजन-वियोजनम् वाक्येषु प्रयोगः	कथाबोधनम् नवीनपदानां रचना वा

कार्य-दिवसाः	उपविषया:	शिक्षणविधि:	लक्षिताधिगमा:
July (22 DAYS)	3.उपकारकाः वृक्षाः 4.आगच्छ भोजनं कुर्याम उपपदविभक्तयः धातुरूपाणि	गद्यवाचनम् संवादवाचनम् वाक्येषु प्रयोगः	विषयावबोधनम् सम्भाषणम् वा
	413, 111-1		

कार्य-दिवसाः	उपविषया:	शिक्षणविधि:	लक्षिताधिगमा:
August (23 Days)	5.सुवचनानि सन्धि-दीर्घ,गुण शब्दरूपाणि	श्लोकवाचनम् शब्दयोजनम् वाक्येषु प्रयोगः	भावावबोधनम् नवीनपदानां रचना वा

कार्य-दिवसाः	उपविषया:	शिक्षणविधिः	लक्षिताधिगमा:
Sepetember (10 DAYS)	संवाद-पूर्तिः	रिक्तस्थानपूर्तिः	शब्दकोशे वृद्धिः
	पत्र-पूर्तिः	रिक्तस्थानपूर्तिः	भावाभिव्यक्तिः
	चित्रवर्णनम्	वाक्य-संरचना	कल्पनाशक्तेः विकासः

कार्य-दिवसाः	उपविषया:	शिक्षणविधिः	लक्षिताधिगमाः
October (19 Days)	6.यस्य बुद्धिः तस्य बलम् वृद्धिसन्धिः सङ्ख्या-01-50	कथावाचनम् शब्दयोजनम् वाक्येषु प्रयोगः	कथाबोधनम् नवीनपदानां रचना

कार्य-दिवसाः	उपविषया:	शिक्षणविधिः	लक्षिताधिगमा:
November (19 DAYS)	7.बुद्धिःएव उत्तमा	कथावाचनम्	कथाबोधनम्
	8.अविवेकःपरमापदां पदम्	कथावाचनम्	कथावबोधनम्

	तुमुन् प्रत्ययः उपपदविभक्तयः	संयोजन- वियोजनम् वाक्येषु प्रयोगः	नवीनपदानां रचना
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कार्य-दिवसाः	उपविषया:	शिक्षणविधिः	लक्षिताधिगमा:
December (22 DAYS)	9.बुद्धिमान् गोपालकः अव्ययपदानि उपसर्गाः	कथावाचनम् वाक्येषु प्रयोगः संयोजन- वियोजनम्	कथाबोधनम् नवीनपदानां रचना

कार्य-दिवसाः	उपविषया:	शिक्षणविधि:	लक्षिताधिगमाः
January (17 Days)	10.मधुरवचनानि शब्दरूपप्रयोगः धातुरूपप्रयोगः संवाद-पूर्तिः	श्लोकवाचनम् रिक्तस्थानपूर्तिः वाक्य-संरचना रिक्तस्थानपूर्तिः	भावावबोधनम् वाक्य रचना शब्दकोशेवृद्धिः

February वार्षिकपरीक्षायाः कृते अभ्यासः।

ग्रीष्मावकाश-गृहकार्यम्-

- 1.पंचप्राकृतिक-चित्राणां चयनं कृत्वा प्रत्येकम् आधृत्य पंच पंच सरलसंस्कृतवाक्यानां लेखनं कुर्वन्तु।
- 2.पंचाशत्पर्यन्तं संख्यापदानां लेखनं कृत्वा कण्ठस्थं कुर्वन्तु ।
- 3.पाठ्यक्रमे दत्तानि शब्दरूपाणि धातुरूपाणि च कण्ठस्थं कृत्वा लेखनाभ्यासं कुर्वन्तु।

शीतावकाश-गृहकार्यम्-

- 1.सरलहिन्दीवाक्यानां चयनं कृत्वा संस्कृतभाषया अनुवादं कुर्वन्तु।
- 2.वार्षिकपरीक्षायाः कृते सम्पूर्णपाठ्यक्रमस्य पुनरभ्यासं कुर्वन्तु।

अभिक शिशा किशा - पा

2023 - 2024

त्रेमासिक परीक्षा पार्पक्रम अमेल - २०२३ से जलाई - २०२५ तक माठपक्रम का विवरण

पाठ- 1. डेश-स्ति

2. cuर्म के लिया

3. आप समाज के निपम

4. अगियान मि

अईवार्षिक परीक्षा पार्षिकम - ज़्लाई - २०२३ से सित्रकर - २०२५ तक पाठपक्रम का विषयण

माउं -5 ल्यायाम

6. प्रातः उठने के लाय

7. उद्वीयम मीत

8. सटसंग का महत्व

9- योग और उसके अंग

10- ईश विनय

11. स्वामी अहानन्द

पूर्व वार्षिक परीक्षा पार्पक्रम अस्ट्लर-२०23 से जानवरी-२०२५ तक भाठ - 12. महात्मा हेसराज

13. अगर्य पाधिक त्मेखाम

वार्षिक परीक्षा पार्पक्रम अक्टूबर -२०२३ से फरवरी -२०२५ तक पार्णक्रम का विवरण

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पार्ठ - 14. उद्योज गीत

15. मरा देश

16- रोगी कीन नहीं 7

17. अन्वािश १०१ मा पान

18. अटल मीति

19. हमारे पर्व

20. A-CUIT

नीरिक- शिमा 2023 - 2024 प्रथम - सत्र

- उद्देश्य:
 । जीवन में नैतिक मूल्पों का विकास

 2. जीवन की मूल्पणान बनाना

 3- मानवीच गुणों की शाश्वत बनाए रखना

9	काम संक	मास	माढ का माम	शिमण जिल्ला, ग्रामिनिध्य एनं मुल्मांकन
	1	अर्थेल (18 दिवस	221-5	स्तृति का अपी, जापन, स्तृति का महत्व धर्म का जीवन में महत्व एकं उपमोजिता धर्म का जीवन में महत्व एकं उपमोजिता
		मर्	यः अभिमान गीत	चित्रमों का जीवन में महत्व, कंग्रेट्योक्एण सामूहिक गामन रखं केंग्रह्योक्एण जीवन में ल्याम्म का महत्व, घोग श्वं व्याम्म में अन्तर समझाना।
	3.	८२९ दिवसप्रोही	6 मातः उठने के लाग्य-	
	and the second second	(23 P39H)	१ भोग और उसके अंग १०- र्रेश निम्प ॥ स्वामी श्रहान-द	जीवन में योग के थोगों का महत्व था उपमेशी का महत्व केलिया का सक्वर पाठ, जीवन में जिन्मान का महत्व परिचार व का परिका मान एक उनका पोगदान
	15 11		१२. महात्मा इंसराज	जीवन परिचय छवं त्याग का महत्व दर्शनीय स्वालें का शैक्ति श्रमण समय स्वान का चयन व्यवस्था के मनुसार किया जायेगा।
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अतिक श्रिशा स्रितील सत्र वर्ष-2023-2024

H H @	मास	मार्ठ का माम	शिश्मा मिली , जातिविधि क्या सुल्यांकी न
6	अक्टूबर (19िद्य	13- उसम्प्रिक लेखराम्	पंरले महत्व मावना का विकास, अधिक में प्रश्नी
4	अवस्पर (19 दिनस)	15. मेरा देश 16- रोजी कीन नहीं र 17. अन्वाबिश्वास के फाल 18. अटल जीते	शब्द का महत्व, देश श्रावम की आवना की विक्राप्त स्वस्प रहने की विद्या, श्रावन केसा होना चाहिए असान उरकरने के किए कहानी सुनाय, साम से जोड़मा का सामुहिक गापन कला का विक्राप्त कोवार का सामुहिक गापन कला का विक्राप्त
	जिन्ती (17 विवास परीक्स पार्टिए)	17-871	मिले क्र पर्व का मित्रण करना। मिले क्र पर्व का मान। पर्वी का न्यार्ट अन्ननाना।
	प्रतिश्वरी (20 रिवस) परीक्ष अहित	२० सन्दर्भा पूर्वाक्रमध	सन्दर्भा के मन्त्रों का मिन्दिषाठकार्य, वाद कराना पुनराक्ति एक परोह्मा की मन्ति।

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Class VII Subject: -Art & Craft Session- 2023-2024

Learning Objective

The objective of Art & Craft is to create & develop a sense of aesthetics, creativity & nurture innovative ideas in day-to-day life. Art is essential for a child's overall development & enhancing innovative skills which reflects in other spheres of life.

Month/ No	Chapter Name	Methodology	Learning Objectives
April (21days)	 Print Making Nature scene by brush printing 	 Exploring various print making techniques with the help of demonstration including all the steps. Printing a nature scene by using brush printing technique, a detailed demonstration will be given. 	concept of print making- using blocks, dry leaves, thread, stencil sponge, coin, etc.
May (15 days)	Human figures in pencil shading	Step-by-step demonstration will be given to draw and shade human figures in correct form.	To learn & understand human anatomy, in poster & perspective.
July (24 days)	 Portraiture in Pencil Portraiture in Color 	 Students will learn the correct technique of making a human portrait in pencil shading referring the detailed demonstration provided to them. Students will learn the correct technique of making a human portrait in color referring the detailed demonstration provided to them. 	 To study & learn the correct techniques of making a human portraiture to make it in a simpler and easier process. To study & learn the correct techniques of making a human portraiture to make it in a simpler and easier process.
August (22 days)	Best out of wasteRakhi Making.	 Students will be taught tocreative paper cutting flowers by folding & cutting technique along with a vase. Rakhi making activity will be organized, individually in the classes, to create beautiful Rakhis 	 To learn & enjoy a new craft activity using ideas and motor skills. To develop the ideas, thought process & creative skills.
September (25days)	 Graphic Design Craft work– Flower making	Students will be asked to collect waste materials to recreate some utility items, like	To reuse, recycle, & recreate new things from old & waste materials, giving a creative

		pen holders, photo frameswall hangings, vase making & etc. • Students will be asked to create graphic design inspired by contemporary/abstract/modern art. A demonstration will be given for the same.	touch. To understand the new style of art(modern, abstract or contemporary & to recreate a piece of art inspired by the same.
October (17 days)	 Diwali Cards/Rangoli designs Diya painting & Pot decoration(Competiti ons) 	 Students will be asked to create variety of Diwali greetings cards using different color medium& different technique. Aelaborated demonstration will be provided to the student for Pot decoration & Diya painting. 	 To enhance & uplift the festive mood along with the touch of some creative skills & crafty ideas. To develop one's ideas & imagination on the theme of Indian Festivals.
November (24 days)	 Sketching & shading from the book- 'STEP-BY-STEP' Print Making 	• Students will complete first 10pagesof the book.	This habit of regular sketching & shading will surely help them to improve their overall drawing skills.
December (25 days)	 Drawings on Christmas Eve. New year card making 	 Student will be asked to imagine & visualize images on Christmas celebrations, like Santa Claus, Christmas tree Snowman, Stars, Bells, etc.& draw pictures accordingly. Students will be instructed with various ideas & design for new year greeting card making. 	Christmas is exciting time for children & another mood uplifter. They will be encouraged to draw colorful images on this occasion.
January (18 days)	 Animal & human figures from the book -'STEP-BY-STEP' Landscape & nature scene from 'Step-by-step' 	 Students will be asked to complete all the animal & human figures from their core book. Landscape & nature study will be completed from their core book. 	 To learn& improve their drawing & sketching skills. To enhance their observation & drawing skills.

February (days)	 Traditional painting Folk Art (black & white) Folk art in color 	Students will be explained about their national heritage & rich culture on Folk art, which will help them to understand & draw designs on folk paintings.	* *
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HEALTH AND PHYSICAL EDUCATION (503)

SPORTS CLASS - VII (2023-2024)

General Objectives:

- To develop awareness regarding the importance of Physical Fitness in individual and social life including life skill.
- To develop interest in Exercise, Sports and Games for self satisfaction and make it a part of life.
- To inculcate values and skills in children in order to promote self control, concentration, peace and relaxation to avoid the ill effect of stress, strain and fatique of routine every day life.
- To develop more positive attitude towards challenges, winning and losing, thus preparing students for like and fun the work place.

WORKING DAYS-	19
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APRIL

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Introduction of Game	Any one Game	Explanation Method Introduction of specific Game.	Students will come to know the basic skill of the game.
		Demonstration Method: Learning of basic skill of the game.	busic sign of the game.
STRAND II Yoga	Any Two Meditation Asanas	Demonstration and Explanation Method. Every student will do Sukhasana and Padma Asanas.	Improve concentration power/ability.
STRAND IV Body Composition	BMI for specific Age and Gender	BMI is calculated from body mass (M) and height Equipment scales and stadiometer as for weight and height.	Know about their BMI level.

WORKING DAYS - 16

MAY

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Game and Sports		Demonstration and Explanation Method. Learning of 5 basic skills of your games.	Learning of Basic skills of the game.
STRAND II Yoga Any 5 Cultural Asanas		Tadasana, Trikonasana, Vajar Asana, Gomukh asanas, Akarandhanur Asana.	Come to know about Meditation Asanas and Cultural Asanas.
STRAND IV Muscular Strength Partial Curl up (Core)		The curl up test measures abdominal muscular strength and endurance.	Records the maximum number of sit ups in 30 sec.
Flexed/Bent Arms Hang (up per Body)		Muscular endurance/functional strength equipment: stopwatch, and elevated horizontal Bar	The total time in second is recorded.

WORKING DAYS- 22

JULY

Flexibility Flexibility Measurements of flexibility of lower back and hamstring muscles	STRAND II Cultural Asanas	STRAND I Games and Sports	Contents
Sit and Reach Test	-		Test
Demonstration and Explanation Method. This test is conduct with set and reach bolk and score is recorded to the nearest centimeter as the distance reached by the hand. Fouriment — Sit and Reach Box	Starts with Meditation Asanac and do 5 Cultural Asanas	Demonstration and Explanation Method. Fractice of Basic skills and peform in match.	Methodology / Activity
Flexibility of lower back and upper leg muscle will improve.	Improve Concentration and Flexibility, Strength and Endurance.	Students will play match for short period.	Learning Outcome

WORKING DAY - 24

AUGUST

SEPTEMBER

WORKING DAYS - 22

ntents	Test	Methodology / Activity	Learning Outcome
RAND I mes and Sports	Match of specific game	Demonstration and Explanation Method. Organise match of specific game in your relative class.	Find out the strengthen and weak skill of student.
<u>'RAND II</u> ga	Parnayam	Practice of Pranayam Purak, Rachek and Kumbak	Improve the efficiency of Respiratory system and lungs capacity.
RAND IV dance (Optional) lamingo Ban nce Test)	Static Balance Flamingo Balance Test	Ability to balance successfully on a single leg on the beam/line.	Total time till the student loses balance.
ate Tapping ptional)	Co- Ordination	Test speed and co-ordination of lim movement by tapping on the adjustabl height table on two discs with no preferred hand as quickly as possib (25 full cycle 50 taps)	e is recorded.

WORKING DAYS - 20

OCTOBER

ntents	Test	Methodology / Activity	Learning Outcome
<u>TRANDI</u> troduction of Game	Any one : - Game	Explanation Method Introduction of specific Game. Demonstration Method: Learning of basic skill of the game.	Students will come to know the basic skill of the game.
<u>rrand II</u> oga	Any Two Meditation Asanas	Demonstration and Explanation Method. Every student will do Sukhasana and Padma Asanas.	ability.
CRAND IV ody Composition	BMI for specific Age and Gender		1

'P / Y

65

WORKING DAYS - 20

NOVEMBER

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Game and Sports	,	Demonstration and Explanation Method.	Learning of Basic skills of the game.
		Learning of 5 hasic skills of your games.	
STRAND II	100		1
Yoga		Tadasana, Trikonasana, Vajar Asana,	Time to know about Meditation
Any 5 Cultural Asanas		Gomukh asanas, Akarandhanur Asana.	Asanas and same. Cultural Asanas.
STRAND IV			1
Muscular Strength Partial Curl up (Core)	,	The curl up test measures abdominal muscular strength and endurance,	Records the maximum number of sit ups in 30 sec.
Flexed/Bent Arms Hang (up per Body)	i,	Muscular endurance/functional strength equipment: stopwatch, and elevated horizontal Bar	recorded:

WORKING DAYS - 23

DECEMBER

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Games and Sports		Demonstration and Explanation Method. Practice of Basic skills and peform in match.	Students will match for short period.
STRAND II Cultural Asanas		Starts with Meditation Asanas and do 5 Cultural Asanas	Improve Concentration and Flexibility and Strength Endurance.
STRAND IV Flexibility Measurements of flexibility of lower back and hamstring muscles	1	Demonstration and Explanation Method. This test is conduct with set and reach box and score is recorded to the nearest centimeter as the distance reached by the hand.	upper leg muscie will improve.

JANUARY

WORKING DAYS - 17

Test	Methodology / Activity	Learning Outcome
Specific Game	Explanation and Demonstration Method. Practice of General and Specific Fitness Exercise and Skill.	Improve the performance of your game.
Cultural Asanas	Sawang asanas, Pawanmuktasana, Bhujang asanas, Salabh asanas, Dhanuras asana.	Increase the flexibility and accuracy.
600 - yard mt. Race	600 yard Run/walk in fastest possible pace. Objectives to cover 600 yard	Time taken for completion
50 mt.Dash	50 mt. dash (sprint) run with minimum time recorded.	Time taken for completion
	Specific Game Cultural Asanas 600 - yard mt. Race	Specific Game Explanation and Demonstration Method. Practice of General and Specific Fitness Exercise and Skill. Cultural Asanas Sawang asanas, Pawanmuktasana, Bhujang asanas, Salabh asanas, Dhanuras asana. 600 yard mt. Race 600 yard Run/walk in fastest possible pace. Objectives to cover 600 yard distance. 50 mt. Dash Explanation and Demonstration Method. Practice of General and Specific Fitness Exercise and Skill.

WORKIN'S DAYS - 23

FEBRUARY

Contents	Test	Methodology / Activity	Learning Outcome
STRAND I Match Games and Sports specific game		Demonstration and Explanation Method. Organise match of specific game in your relative class.	Find out the strengthen and weak skill of student.
STRAND II Yoga	Parnayam	Practice of Pranayam Purak, Rachek and Kumbak	Improve the efficiency of Respiratory system and lungs capacity.
STRAND IV Balance (Optional) (Flamingo Balance Test)	Static Balance Flamingo Balance Test	Ability to balance successfully on a single leg on the beam/line.	Total time till the student loses balance.
Plate Tapping	Co- Ordination	Test speed and co-ordination of limb movement by tapping on the adjustable height table on two discs with non preferred hand as quickly as possible (25 full cycle 50 taps)	Time taken to complete 25 cycle is recorded.

CURRICULUM PLAN SESSION(2023 – 2024) DANCE CLASS-7TH

Learning Objectives :-

- 1. Knowledge of the rich cultural heritage of India .
- 2. Knowledge of different dance forms and Gharana .
- 3. Develop the dancing skill, creativity, imagination / innovation.

Month/Days	Chapter / Topic	Methodology	Learning Objectives
April(18)	Bhumi Pranam Discussion of Indian Classical Dance	Each step will be taught individually with the help of graceful steps and movements Students will learn and try to perform	Importance of dancing skills
<u>May(15)</u>	Classical Dance :- Hand Movements of classical dance	Children will be taught step by step individually . Students will be taught about the different Mudras . Activity - Students will PERFORM individually the same .	Will improve awareness towards Dance
July(22)	1. Patriotic Dance	 The meaning of the song will be explained by the teacher to improve the feel and enhance the quality of dance. Students will then try and perform the same. 	

August(23)	1. Patriotic Dance	 Children will also be taught in group to develop coordination among themselves . Discussion of freedom fighters 	1. Feeling of Patriotism
September(10)	Knowledge about Folk Dance Basic steps of folk Dance	Students will be told about different styles Folk Dances of India and related costumes 5 basic steps will also be taught to the teacher Discussion of Folk Dance Activity – Students will be asked to speak/write about different states, costumes etc.	Knowledge of the rich culture heritage of India .
October(19)	Basic Folk Dance Steps Rhythm aspect of different folk dances of India .	 Every student will be taught different Folk Dance Steps . Discussion on different Folk dance Movements of different states . Students will practice individually as well as in group . 	Enhance the dancing skills develop the stage Presentation Skills .
November(19)	 Shloka Dance Knowledge of Shloka Meaning 	 Students will learn Shloka and the Meaning and also by heart the same. They will also be taught appropriate based on the meaning of Shloka 's. Teaching Usage of Different Shloka's Meaning 	Students will learn to recite, explain the meaning and also dance with the Shloka.
December(22)	 Classical Dance 'Basic Tukra' Knowledge about Mudra 	 Teaching will be done using different Mudras Students will practice individually as well as in Group . 	Enhance and develop dancing skills .

January(17)	Patriotic Dance Knowledge of famous freedom fighters name and work .	 One by one steps will be taught with the meaningful movements according to the song . Discussion of freedom fighters 	To develop the acting skills and expressions
<u>February</u>	1. Knowledge of Taal TeenTaal	TeenTaal will be taught in proper Rhythm with Taali, Khaali and Matra etc.	1. To build the Rhythm Sense

Subject:-ICT Class VII (2023-24)

Learning Objective

The objective of Information & Communication Technology as a subject, is to provide access to analytical problem solving skills, empowering the individual to identify a problem, design and create various solutions, and then make a qualitative judgement as to which is the best tool for the job.

The focus is to empower the students with the methods to create a variety of digital products using appropriate tools and applications. It aims to equip them with the techniques to save, store and manage digital resources. It would encourage them to develop entrepreneurial skills.

The goal is to develop the skills of Critical thinking, Collaborative working, Problem Solving, Creativity and Innovation in addition to enhancing their aesthetic thinking skills. The knowledge of ICT can assist the students to use these skills in their daily life to carry out their work in an organized and smart manner as well as increase their efficiency with proper use of time and energy.

Month/ No of Days	Chapter Name	Methodology	Learning Objectives
April (18 days)	Evolution of Computer 1. History Of Computers 2. Generation of Computers 3. Tech Trends: Last Fifteen Years	 Introduction to the "History Of computers" & "Generation of Computers" through videos/group discussion Questionnaires based on the new concepts 	 The students would be able to Appreciate the Evolution of Computers Differentiate between different Generations Understand and appreciate Tech Trends
		g-2,4,10 'Who am I?''. This will also help to dev	elop their Public Speaking Skills
(15 Days)	Scratch-1 1. Introduction to Creative Computing :Scratch 2. Scratch Interface and its Components 3. Working with sprite, Editing sprite 4. Resizing and creating a costume in sprite 5. Saving, sharing and resizing a project.	 Plot X-Y graph and demonstrate the concept of 2D plane and coordinates for the scratch stage. Use of Smartboard to illustrate the various parts of the Scratch window. Demonstration of the various steps to be followed to create, save, open, share a project. Hands on activities 	 Appreciate scratch as a powerful tool to create stories, games and animations. Appreciate the use of different blocks in Scratch software. Understand and use Scratch Interface. Use Scratch Editing Tools
	Create the animaConstruct an ani	ities: pg 15,19,25 ted diagram of "Water Cycle" / "Life C mated story to promote Sustainable Dev nce the concept of Global Awareness.	

T 1	G 4 L TT		I
July (22 days)	programming Blocks Writing Script using Motion Blocks Animating the background	 Illustrate the importance and the functioning of various Blocks of the Scratch window. Exhibit the various steps to be followed to create innovative and interactive projects with sound, recording etc on smart board Use the day to day examples to introduce the concept of Variables, Constants and Functions and then integrate them in programming. Hands on activities 	 Appreciate and understand the elementary basics of programming Learn to use the different blocks
	 Create an interactor develop the Ho 	Pg-27 ities: Pg-28,29,30, 334,35,37, 38,39,42 tive game based on "Healthy Eating Ha ealth & wellness literacy. ul patterns for the design for a fabric us	
(23 days)	Image editing Tools- Introduction GIMP-An Image editing Tool: An Introduction Understanding	 Introduce the concept of Pixels, Resolutions and Bitmap by drawing a grid and filling the relevant boxes. Group discussion regarding the relevance of GIMP. Group discussions to find the similarities/ differences among features available in the various software. Use of Smartboard for the illustration of the various tools of the GIMP software. 	 Appreciate GIMP as Image Editing tool Learn to Create, open and sav file Understand GIMP window Use tools Provided to tool window Learn to Crop the images Understand layers and its Concept
	Class Activities:Hands on ActivitiesCreate or insert a	ities: Pg-50, 52, 55, 56,57,58,59,62,68,7 drawing edit it by resizing and cropping in enhancing the aesthetic thinking skill	ng it. ls
Sep. (10 Days)	Recapitulation of all the previous concepts Mid Term Examination		
Oct (19 Days)	GIMP Tools	Group discussion regarding the various features available in any Image editing software. Illustration of the various tools of the GIMP software and their features/options on the Smartboard	 Appreciate Various tools available in GIMP Use advanced tools of GIMP for Editing images.

	Smudge, Dodge		
	/Burn Tool and		
	Blend tool		
	 Class Activities: 	Pg—85,87,90,95	
	 Hands on Activity 	ities: Pg-78,80,82, 84,86,92	
	 Prepare the Alma 	anac Cover for your school using GIMP) <u>.</u>
		to boost a sense of responsibility,	
	This would help	to boost a sense of responsibility,	
Nov	Advanced GIMP		
(19 Days)		Illustration of the various tools of the	 Understand the concept of
(1) Days)	layers	GIMP software and their	layers
	2. Masking-	features/options on the Smartboard	Use layer operations
	Introduction and	reatures/options on the smartooard	 Appreciate masking Concept
	example		 Learn to apply Filters
	3. Filters	D 106110	
	• Class Activities:		
		ities: Pg-98,100,101,104,111	
	 Design the Annu 	al day Invitation card using the advance	e features of GIMP
	 Create an innova 	tive logo for Interschool Event using la	yers and filters.
	• This will help to	enhance the creativity and innovation s	kills.
Dec	Basics of Internet		 Understand the concept of
	1. World wide web	Introduction to new concepts of	World Wide web
_ ·	2. Web servers	WWW, Web servers, dynamic &	Appreciate the concept of
	3. Web browsers	static websites etc followed by the	web Servers and its uses.
	4. Websites and	respective questionnaires.	 Understand the concept of
	web pages	respective questionnaires.	web browsers
	5. URL	Group discussion on the uses and	 Learn the use of blogs
	6. Bogs types and	importance of the various new	Learn the use of blogs
	features	concepts.	
	7. Social	concepts.	
	Networking	D- 114 115 116 110 120 122 125	
		Pg-114,115,116, 118,120,122,125	
		ities: Pg-123,124	
		in enhancing the Digital Literacy Skills	and develop a Sense Of Social
т	Responsibility		TT 1 / 1/1 ·
January	Internet And web		Understand the various
(17 days)	Services	Class Discussion about the various	websites and web services
	1. Chat, E-mail	chatting apps, emoticons, social	Appreciate the concept of
	2. Video	networking sites, etc	E-learning, E -commerce,
	Conferencing		E -Shopping, E-Reservation,
	3. Social	Debate on the Traditional and	E-Banking etc.
	Networking	Modern techniques of sending	 Use Social networking site
	4. E-groups	messages.	and collaborative learning
	5. E-Learning		and knowledge acquisition
	6. E-Commerce		and e groups.
	7. E-Shopping		
	8. E-Reservation		
	• Class Activities:	Pg-128,132,139,140	
		n Research on the various E-shopping s	ites, E-reservation sites,etc
	_	in enhancing the Digital Literacy Skills	
	_	f all the previous concepts	

February/	End Term Examination
March	

Holiday Homework

Summer Break Holiday Homework

• Prepare an animation on scratch based on any of the following topics: Covid-19, Swachha Bharat Abhiyan, Waste Management, Endangered Animals, Save Wild Life, Environment, Cyber Crime, Unbalanced Ecosystem, Global Warming, Systems Of Human Body, Animal Kingdom, Social Networking, Disaster Management, Corruption, Sources Of Energy, Story Of Fiber, Child Labor.

Winter Break Holiday Homework

- Prepare a movie to showcase the various concepts learned using Adobe Spark/Scratch.
- Create an innovative picture book. It must contain pictures of your favorite sports person/celebrity or yourself. Make constructive use of GIMP tools to enhance the appearance of the images in your picture book.